



SURVIVOR

Survivorship Workshops

Survivorship is the process of living with, through and beyond cancer. As a survivor, cancer and its treatment does not only affect your body, it also affects you socially, emotionally and spiritually.

The Bismarck Cancer Center is committed to being there for you through all phases of your cancer journey.

These workshops are open to survivors, caregivers, and healthcare professionals.

All classes will be held from 1pm - 2:30pm at the Standing Rock Sioux Administrative Center, Building 1, N Standing Rock Ave, 2nd Floor, Fort Yates, ND

Workshops are open to the public and snacks will be provided!

Topics that will be covered

Nutrition Needs for the Cancer Survivor

Tuesday, April 11

Taking Care of the Caregiver

Monday, April 24

Get Moving! Physical Activity After Cancer

Monday, May 8

Meeting Your Emotional Needs during Survivorship

Monday, May 22

For more information contact Linn Zander at 701-222-6172.

